AUTUMN / WINTER LUNCH MENU – WEEK 1

(2 Nov, 16 Nov, 30 Nov, 14 Dec)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN CHOICE	Chicken and Vegetable Casserole	Sausage Roll	Roast Gammon, Yorkshire Pudding and Gravy	Cottage Pie	Mild Chicken Korma and Naan Bread
VEGGIE CHOICE	Vegetable Casserole	Vegetarian Sausage Roll	Quorn Fillet in Gravy	Quorn Cottage Pie	Mild Quorn Korma and Naan Bread
SIDES	Sweetcorn	Chips with Tomato Sauce Sweetcorn	Roast Potatoes, Broccoli and Carrots	Green Beans and Peas	Wholegrain and White Rice Cauliflower
LIGHTER BITES	Jacket Potato with Tuna, Cheese or Beans Baguette with Ham or Cheese	Jacket Potato with Tuna, Cheese or Beans Baguette with Ham or Cheese	Jacket Potato with Tuna, Cheese or Beans Baguette with Ham or Cheese	Jacket Potato with Tuna, Cheese or Beans Baguette with Ham or Cheese	Jacket Potato with Tuna, Cheese or Beans Baguette with Ham or Cheese
DESSERT	Mousse Delight with Fruit Wedge OR Fruit Yoghurt	Chocolate Date Brownie OR Fresh Fruit	100% Fruit Smoothie OR Fresh Fruit	Fruit Cocktail Jelly OR Fresh Fruit	Fresh Fruit Platter OR Fruit Yoghurt